

# 2016 Parent & Family Orientation

# Welcome Parents, Family and Friends

Dean of Students Office (DOSO)



## **Parent Orientation Overview**

Our mission for today is to help you help your students have a successful start at Wayne State, and provide you with the tools and resources to help your student earn their Wayne State degree.

We want to make sure that today we review with you:

- Academics
- Information on Campus Safety and Title IX.
- Information on Parking and the One Card.
- Information on Campus Involvement.
- What your billing statement looks like and how to pay your bill.



### **Parent Resources**

- E-Mail: parents@wayne.edu
- Websites:
  - http://wayne.edu/parents/ & www.doso.wayne.edu
- Parent Hotline: (313) 577-2923



## **Parent Information Network**

- Stay connected and informed
- Sign up today for the e-newsletters
- Join us on Tuesday, August 30, 2016 for New Student Convocation during "Orientation 2"



#### Green and Gold Guide

- Valuable information in the Green and Gold Guide
  - Your student received one today
    - Book you received today
       is a parent and family version

#### Non Academic Misconduct

#### And

#### **Academic Misconduct**















#### Title IX of the Civil Rights Act and the Violence Against Women Act

Title IX, et. al. is a federal law that prohibits sex discrimination in education. Sex discrimination includes sexual harassment and sexual assault.

Wayne State University is committed to maintaining an environment that is safe and that supports the education and career advancement of our students. WSU has a zero tolerance policy for sexual harassment and sexual assault.

WSU's Sexual Harassment, Sexual Assault and Discrimination policies apply to all members of the University community-faculty, staff and students.

Federal law requires every university to review this information with its new students. We want to spend a few minutes today reviewing this with you.





#### Sexual assault is:

- > Any type of sexual activity that occurs when consent is not given or not freely given.
- > Sexual assault is unwanted touching of a person's private areas.
- > Sexual assault most commonly occurs between people who know each other.





Domestic/relationship violence refers to a pattern of behavior in which one person attempts to control through threats or use of physical, sexual, verbal and/or psychological abuse. It is not limited to people who are married or dating. No one should be abused. You deserve to be in a relationship where you feel safe.





Acquaintance rape is rape by a non-stranger, who may be a friend. Most sexual assaults are committed by an acquaintance.

Sexual harassment is unwelcome sexual advances, or other unwelcome behavior of a sexual nature, and it interferes with an individual's work or performance in a course or program, and it creates a hostile or abusive educational environment.





## What can you do?

## ALOT!



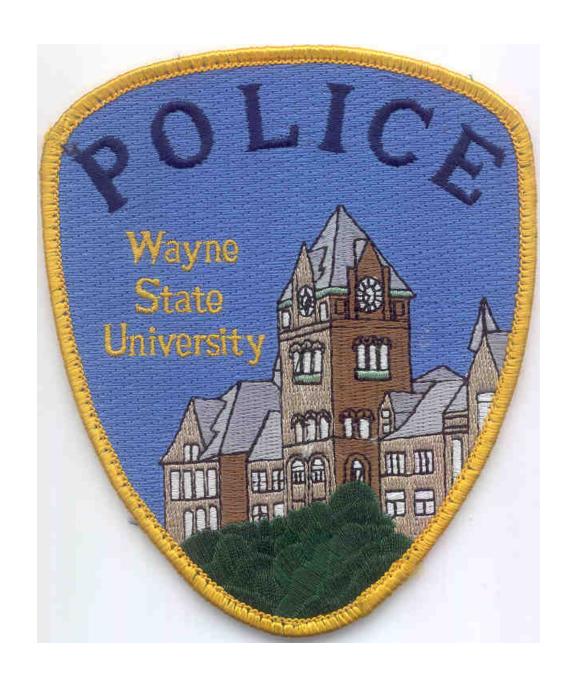


## We are all here to help you!

- ➤ Wayne State Police Department: 313-577-2222
- > Office of Counseling and Psychological Services: 313-577-3398
- ➤ Office of Equal Opportunity: 313-577-2280
- > Dean of Students Office: 313-577-1010

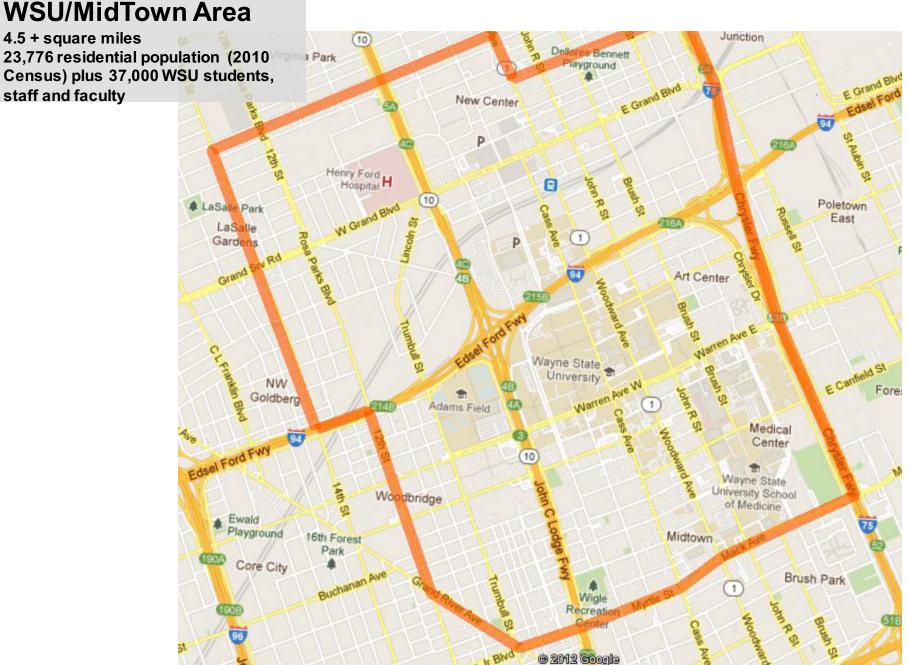








#### WSU/MidTown Area



#### **CRIME IN MICHIGAN**



#### 2014 Uniform Crime Report

48th Annual Edition Compiled by Michigan State Police Criminal Justice Information Center



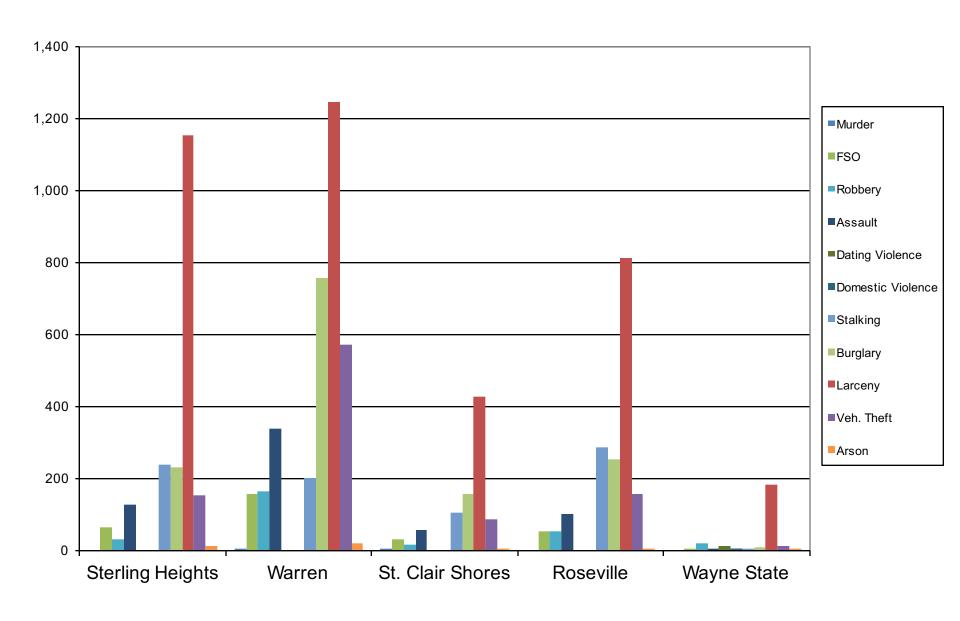


Authority 1989 P.A.919 Number of copies printed - 65 Total cost of printing - \$1,78490 Cost per single cope 427.45

#### **Reported Crimes Macomb County - 2014**

	Sterling Heights	Warren	St. Clair Shores	Roseville	Wayne State
Murder	0	4	2	0	0
Forcible Sex Offense	64	158	32	53	3
Robbery	33	165	17	53	19
Aggravated Assault	127	338	56	102	2
Dating Violence	n/a	n/a	n/a	n/a	11
Domestic Violence	n/a	n/a	n/a	n/a	2
Stalking	238	200	106	287	5
Burglary	231	756	159	255	9
Larceny	1,154	1,247	428	812	182
Veh. Theft	153	571	86	157	14
Arson	12	20	1	3	1
Total Crimes	2,012	3,459	887	1,722	248

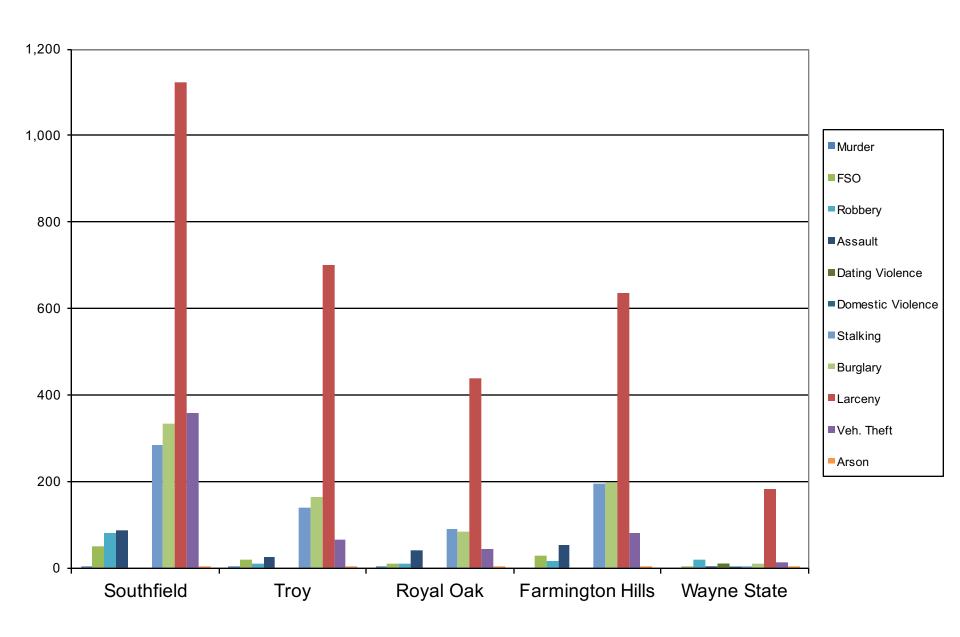
#### **Reported Crimes Macomb County - 2014**



#### **Reported Crimes Oakland County – 2014**

	Southfield	Troy	Royal Oak	Farmington Hills	Wayne State
Murder	3	1	1	0	0
Forcible Sex Offense	52	21	10	30	3
Robbery	81	10	9	18	19
Aggravated Assault	86	27	41	53	2
Dating Violence	n/a	n/a	n/a	n/a	11
Domestic Violence	n/a	n/a	n/a	n/a	2
Stalking	285	141	92	196	5
Burglary	334	164	83	199	9
Larceny	1,123	702	438	637	182
Veh. Theft	360	65	44	82	14
Arson	3	1	5	3	1
Total	2,327	1,132	723	1,218	248

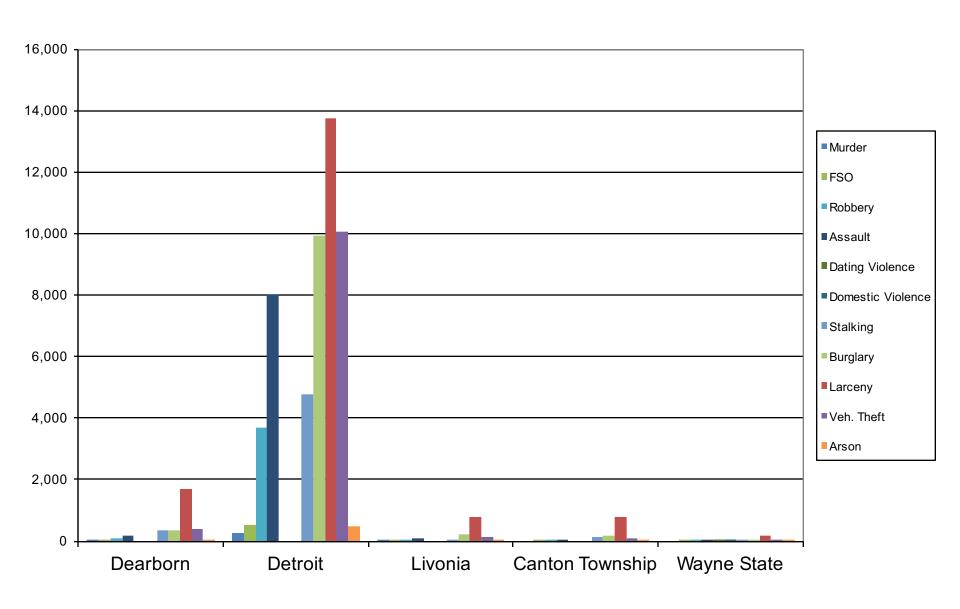
#### **Reported Crimes Oakland County - 2014**



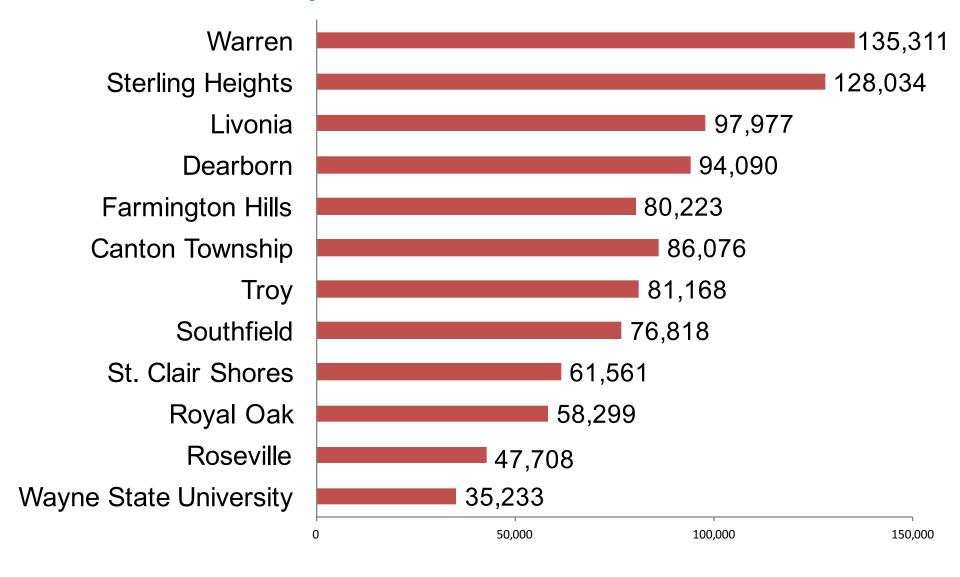
#### **Reported Crimes Wayne County - 2014**

	Dearborn	Detroit	Livonia	Canton Township	Wayne State
Murder	2	284	2	0	0
Forcible Sex Offense	59	541	32	46	3
Robbery	101	3,672	21	13	19
Aggravated Assault	170	8,016	74	62	2
Dating Violence	n/a	n/a	n/a	n/a	11
Domestic Violence	n/a	n/a	n/a	n/a	2
Stalking	369	4,777	62	134	5
Burglary	349	9,948	208	199	9
Larceny	1,714	13,740	789	800	182
Veh. Theft	417	10,064	147	76	14
Arson	9	496	3	12	1
Total	3,190	51,538	1,338	1,342	248

#### **Reported Crimes Wayne County - 2014**



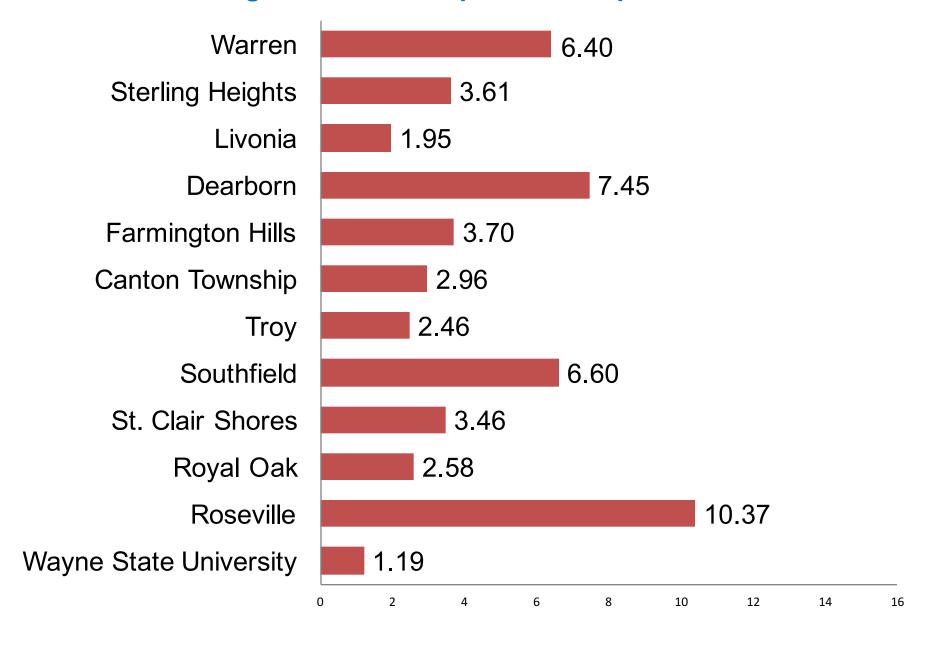
#### **Population Variations - 2014**



#### **Crimes Against Persons per 1,000 Population – 2014**

Location	Population	Assaultive Crimes	Rate per 1,000
Warren	135,311	865	6.4
Sterling Heights	128,034	462	3.61
Livonia	97,977	191	1.95
Dearborn	94,090	701	7.45
Farmington Hills	80,223	297	3.7
Canton Township	86,076	255	2.96
Troy	81,168	200	2.46
Southfield	76,818	507	6.6
St. Clair Shores	61,561	213	3.46
Royal Oak	58,299	153	2.58
Roseville	47,708	495	10.37
Wayne State University	35,233	42	1.19

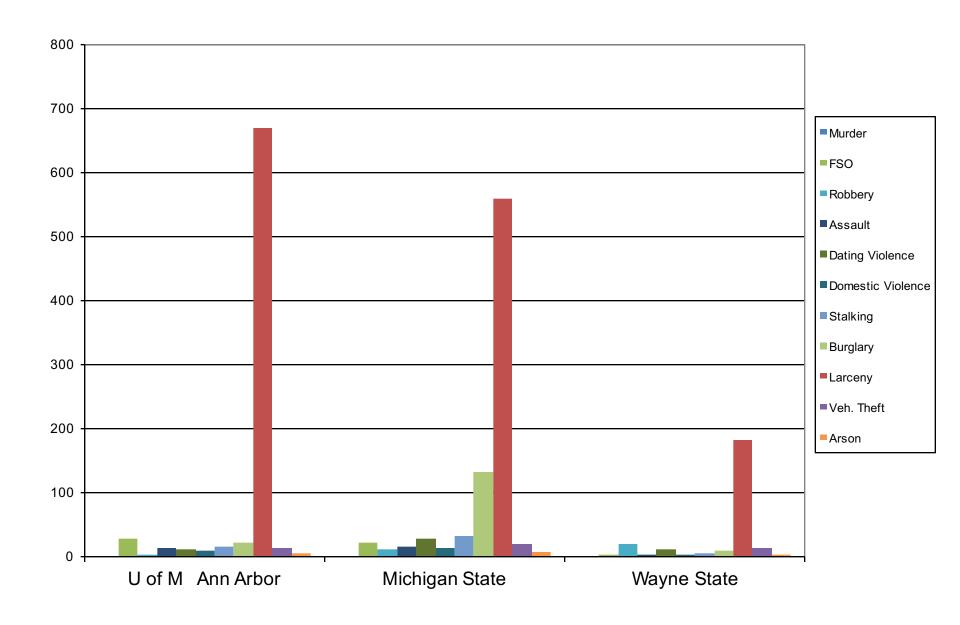
#### Crimes Against Persons - per 1,000 Population - 2014



#### **Reported Crimes Top 3 Michigan Public Universities - 2014**

	U of M Ann Arbor	Michigan State	Wayne State
	Albui	Michigan State	vvayne State
Murder	0	0	0
Forcible Sex Offense	27	21	3
Robbery	3	12	19
Aggravated Assault	13	16	2
Dating Violence	12	28	11
Domestic Violence	10	13	2
Stalking	16	32	5
Burglary	21	133	9
Larceny	669	559	182
Veh. Theft	13	19	14
Arson	5	7	1
Total	789	840	248

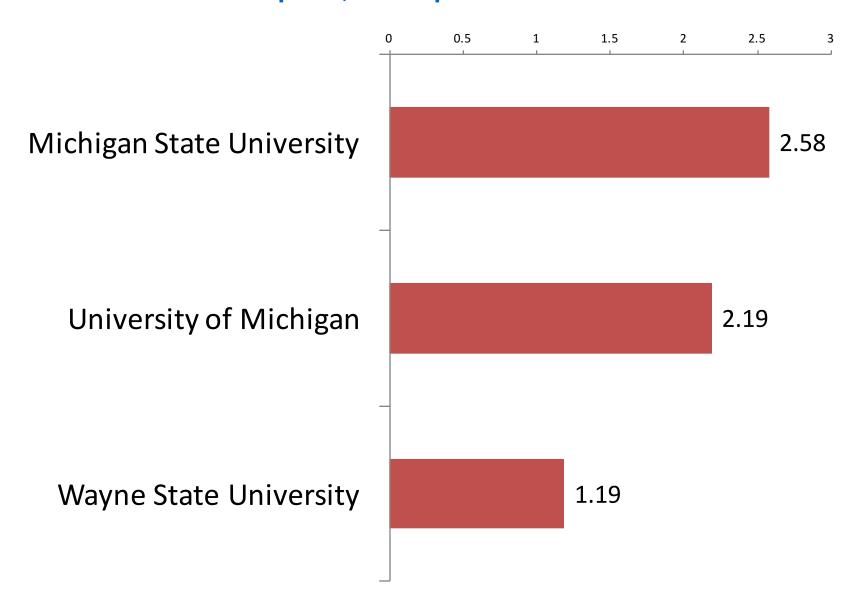
#### Reported Crimes Michigan Public Universities - 2014



#### Michigan Universities Crimes Against Persons per 1,000 Population – 2014

Location	Population	Assaultive Crimes	Rate per 1,000
Michigan State University	42,603	110	2.58
University of Michigan	36,964	81	2.19
Wayne State University	35,233	42	1.19

#### Michigan Universities Crimes Against Persons per 1,000 Population – 2014



## How to Obtain Routine and Emergency Services...

#### Call from -

- "Hard Wired" campus phones last five digits (7-2222)
- Blue Light Phones Emergency Button
- Cell Phones please preprogram your cell phone now
  - ✓ if your cell phone area code is "313"
  - ✓ if your cell phone area code is not "313"

Call the Wayne State Police...Please **DO NOT** call 911 (and why)

**WSUPD EMERGENCY # 313-577-2222** 

## In the event you need Police, Fire, or Medical Assistance on, or near, the WSU campus...

#### Never, ever call 911.... why?

- While the 911 system usually works well for large communities, it can be cumbersome, complicated and provide very little actual information to the responding police officer on the street.
- 2) The city of Detroit, with its financial difficulties, has approximately 1,800 FEWER police officers than it should have. Those officers on the street are very busy during their shifts, often time with more calls for service than there are DPD officers to respond to them
- 3) The AVERAGE Detroit Police Department response time to a "priority one" police run in the DPD Third Precinct (Wayne State area) is 21 minutes.
- 4) When you call WSUPD at 313-577-2222, you are talking directly to the WSUPD Dispatcher who is physically dispatching the officers responding to your call for service. By staying on the line with the caller, the Dispatcher can continually update the responding officer right up to the time he/she actually arrives on scene.
- 5) The AVERAGE response time for WSUPD officers to (non-emergency) calls we receive **directly** is under 3 minutes. This is to any location in our 5 square mile area of responsibility.
- 6) The WSUPD response time to emergency calls for service is 90 seconds or less!
- 7) However, we can not rapidly respond to your call if you do not call us directly. Remember call 313-577-2222 for rapid response to any situation where you need police, fire or medical assistance.

## **Emergency Blue Light Phones**





#### **Information Resources**

1) WSU Police website: <a href="https://www.police.wayne.edu">www.police.wayne.edu</a>

General department information, phone numbers, crime stats and over 400 Safety Tips on a variety of topics including Commuting Safety, Personal Safety, Fraud Prevention, etc

2) Campuswatch@wayne.edu

Monthly e-mail notification system to all Students, Staff and Faculty

- √ A two-way e-mail system
- √ Currently contains over 70,000 e-mail address in it's database
- 3) Emergency Broadcast Messaging System: Register on Pipeline or click the link on the WSUPD web page <a href="https://www.police.wayne.edu">www.police.wayne.edu</a>
- 4) Lt. Dave Scott WSUPD Crime Prevention Section desk: 313-577-6064

email: dscott@wayne.edu

## Other WSUPD Services

SafeWalk Program

VIN Etching program

Rape Aggression Defense (RAD) courses

Basic RAD, Advanced RAD, RAD Weapons Defense, Resist Aggression with Defense (RAD for Men), RAD Keychain Defense Options, Stalking Awareness Training programs (under the Violence Against Women Act), Dating and Domestic Violence Prevention seminars.

#### Personal Safety Awareness and Self Defense Classes at Wayne State

The federal Violence Against Women Act mandates that all new students and employees must be offered "primary prevention and awareness programs" that promote awareness of rape, acquaintance rape, domestic violence, dating violence, sexual assault and stalking. The following classes and seminars are available to all WSU students and staff.

#### **Domestic and Dating Violence Seminars** (one 90 minute session)

The Domestic Violence Seminar is a program designed to educate and increase awareness of domestic and dating violence. We will define domestic violence, talk about the cycle of violence, inform you about the law as it relates to domestic violence, provide resources, and discuss participant's questions. We will also promote awareness of the crime of rape, acquaintance rape, dating violence, sexual assault and stalking-all of which result from domestic violence situations.

#### Rape Aggression Defense - Basic (13 hours over four sessions)

Each class consists of four separate sessions that cover a variety of topics; including personal safety and safety awareness, physical defense techniques, and aggressive defense measures to be used as options, available to the woman who is attacked. Emphasis is placed on the proper way to deliver effective kicks, blocks and strikes as well as practical tactical ground fighting skills to free yourself and allow you to escape.

#### Rape Aggression Defense - Advanced (25 hours over four sessions)

This Advanced RAD class builds on techniques and strategies from the Basic RAD class. This program also covers more prone defense strategies, multiple subject encounters, and even low and diffused light simulation exercises.

#### Rape Aggression Defense – Weapons Defense for Women (eight hours – one session)

R.A.D. Systems Weapons Defense Program teaches participants realistic defensive strategies against an aggressor armed with an edged weapon or a firearm.

#### Resisting Aggression w/ Defense For Men (9 hours over three sessions)

Participants will have the opportunity to: raise their awareness of aggressive behavior, recognize how aggressive behavior impacts their lives, learn steps to avoid aggressive behavior, consider how they can be part of reducing aggression and violence, and practice hands-on self defense skills to resist and escape aggressive behavior directed toward them. This program is designed to empower participants to make safer choices when confronted with aggressive behavior.

#### <u>The R.A.D. Keychain Defense Options</u> (4 hour session - when combined with the Basic RAD program)

One of the only realistic and court-defensible impact weapons programs available to the general public. Realistic employment, combat effectiveness, "light impact" and fluid transactions are all part of this program. This course revolves around the Kubaton in conjunction with weapon enhanced physical skills

Rape Aggression Defense Aerosol Defense Options: (One four hour session) Covers all you need to know about the various chemical self defense sprays currently available. Class participants will learn the most realistic methods for accessing, deploying and assisting the aerosol defense option; and if it fails to work (and it may), learn the proven backup strategies needed for successful escape. R.A.D. Systems has conducted over 300 videotaped live test exposures to various aerosol defense products with a wide range of delivery systems. Stop believing a manufacturer's selling hype. We know what works and what doesn't through hands on experience.

## Emergency Preparedness at Wayne State University

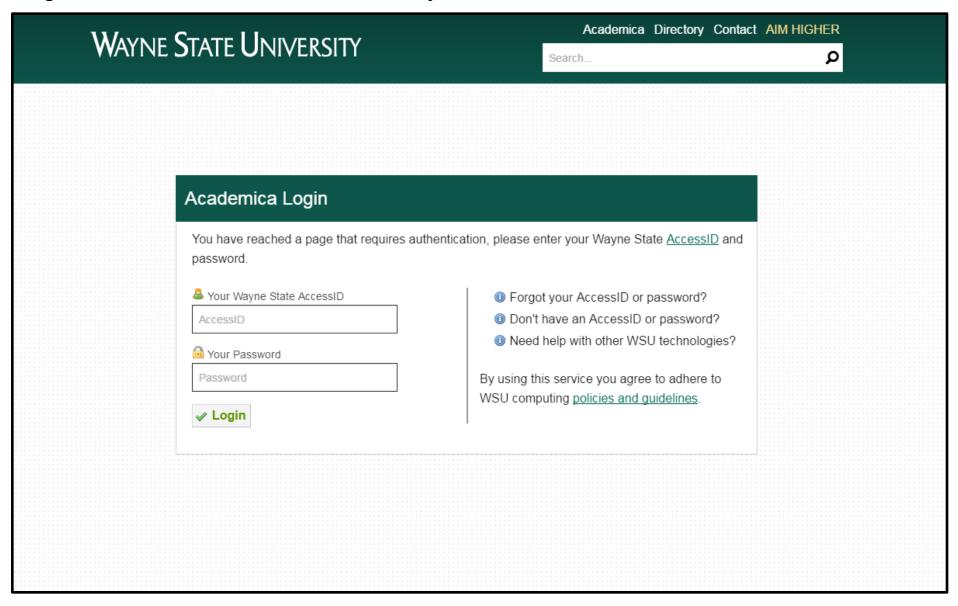
#### Recent "Active Shooter" Incidents in the United States

- Virginia Tech Shootings April 16, 2007
   33 dead, 15 wounded and six injured jumping from second story classroom windows
- Aurora, Colorado Movie Theater Shootings July 20, 2012
   12 dead and 70 persons injured
- Sandy Hook Elementary School Shootings December 14, 2012
   26 dead (20 children and six adults) and 2 persons injured.

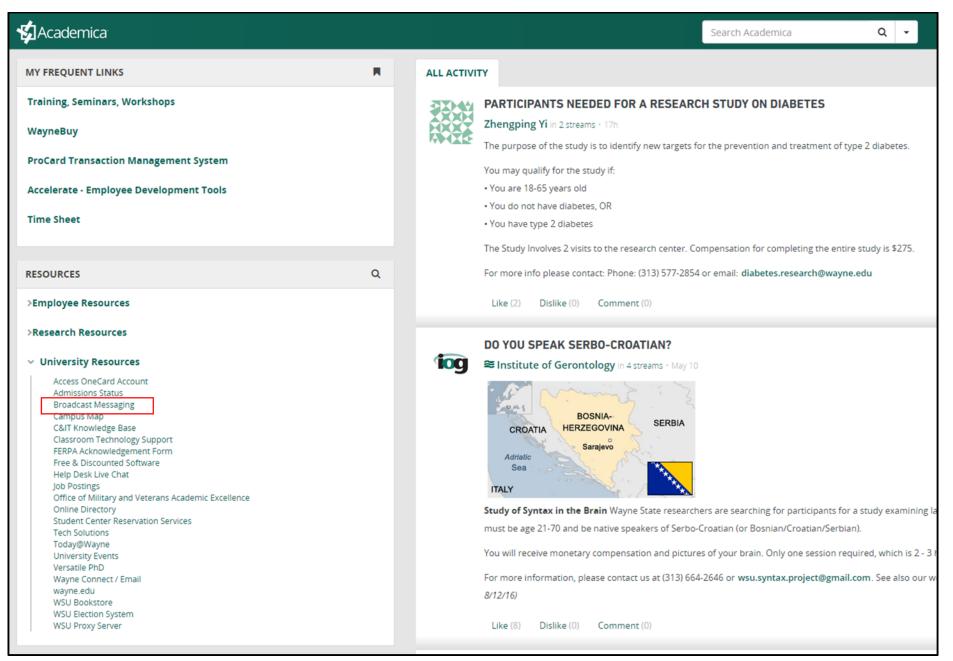
What about Weather Emergencies, Fires, other critical incidents at WSU – or in your own neighborhood?

#### **Emergency Broadcast Messaging System**

Log on to Academica at academica.wayne.edu

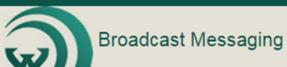


#### Click on "Broadcast Messaging" under University Resources...



## WAYNE STATE UNIVERSITY

#### **AIM HIGHER**



			Home	e   Help   Contact Us   Logout	
Register Your Cell Phone (optional)				Account Information	
Cell Phone Contact Information					
	Carrier:  Verizon Wireless  ▼ Carrier not listed?			No Forwarding Set	
OK to receive text messages from WSU for CAMPUS SAFETY					
Submit Changes				Non-Emergency Pause Window Deliver Text Messages 24 Hours	
Manage Your Preferences				Set Times to Pause Messages	
Look for the arrow 📫 to set your message category defaults. Learn about	t setting defaults				
Campus Safety Alert more info	WSU E-mail	Text Message		View My Change History	
(option) Set default for all Campus Safety Alert messages	Automatic	<b>●</b>		View My Message History	
Campus Emergency	Automatic	•			
Building more info	WSU E-mail	Text Message		Volunteer to be a System Tester	
(option) Set default for all Building messages		€			
AAB	Automatic	•		Administration Menu	
General Administrative more info	WSU E-mail	Text Message		Send broadcast message	
(option) Set default for all General Administrative messages				Broadcast Sending Wizard	
Administrative Announcements	Automotio		i I		

### Active Shooter or Armed Intruder Incident at WSU –

Wayne State's continued desire to create a safe and secure campus has lead us to create a comprehensive curriculum of training interventions designed to help our students, faculty and staff understand what to do if there is a shooter on our campus. The WSUPD developed, in 2008, the nations first comprehensive on-line training seminar:

### "Be Prepared: Surviving an Active Shooter Incident"

While the individual modules of the Active Shooter on Campus curriculum are focused on college campus scenarios, the information provided can be applied and used in any active shooter incident, regardless of location, industry, or business sector.

Currently available on Blackboard for all WSU students and their families.

## "Be Prepared" Learning Modules

- 1. Defining an Active Shooter Incident
- How To Survive An Active Shooter Incident
- 3. Reporting the incident to Police
- 4. Helping the Injured (Basic First Aid Measures)
- 5. Police Response (What to Expect and Not Expect from the Officers)
- 6. Follow-up

Hostage Incidents vs. Active Shooter Incidents – Both are High Risk situations that require a very different response to increase your survival chances

Questions, comments, concerns?



## **FERPA**

- Privacy of Academic Records
- Student Rights Under the Family Educational Rights and Privacy Act (FERPA)
- Pursuant to the Family Educational Rights and Privacy Act (FERPA), the University has established policies governing privacy and release of student record information. The University has designated certain personally identifiable information as directory information, which may be released at the University's discretion to anyone who makes a request. At Wayne State University, directory information is defined as name, address, age or date of birth, level of education, major, degrees received, educational institution the student was most recently enrolled, honors, awards, e-mail address, participation in sports or other activities, and the height and weight of members of athletic teams.



## **FERPA**

- Students have the right to inspect and review their educational records, seek amendment of the records they believe to be inaccurate or in violation of their privacy rights, consent to disclosures of personally identifiable information contained in their records (except to the extent that the law authorizes disclosure without consent) and file a complaint with the U.S. Department of Education concerning alleged failures of the University to comply with the law.
- Faculty and staff with access to student records are required to abide by University policy and federal law regarding privacy of student records. If you have any questions regarding privacy of student records, including whether you can or should disclose information, contact the University Registrar immediately.



Save Progress

## FERPA FORM

### **On-line form:**

http://reg.wayne.edu/faculty/forms.php



#### **Authorization to Release Academic Records**

Access ID	Last Name	First Name
	University to Release records and information schedules, and financial aid to	related to grades, course performance, disciplinary
Legal Last Name * Relationship * P	lease Select ▼	Legal First Name *
copy of these records up the Wayne State Univers	on request, and that this consent shall remair	f my educational records, that I have the right to receive a n in effect until revoked by me, in writing, and delivered to all not affect disclosures previously made by Wayne State
Act (FERPA) and other ap		ntiality provisions of the Family Educational Rights and Privacy ns, which prohibit disclosure of educational information ns, or as otherwise permitted.





**Finances** 



### What will it cost?



Step 1	How many credit hours will I take? Use the online tuition calculator at apps.reg.wayne.edu/tuition.			
	Credits per semester			
	Tuition and fees × two semesters =			
Step 2	What will I spend on living expenses? Use the rate chart for your room and meal plan at housing.wayne.edu/rates.php.			
	Dorm cost or rent for fall and winter			
	Meal plan or groceries			
	Utilities and/or phone bill			
	+ Transportation and parking			
	= Total living expenses			
Step 3	How much financial aid will I receive?  Log on to Academica. In the WSU Resources menu, select Student Resources. In the Student Resources menu, select Financial Aid, then My Award Information. Next, select the 2015-16 aid year, then click on Award Overview.			
	Grants for fall and winter			
	Scholarships			
	+ Student loans			
	= Total aid			
Step 4	Will I need more funds or will I get a refund?  Tuition and fee total			
	+ Total living expenses			
	+ \$1,200 Books and supplies estimate			
	= TOTAL COSTS			
	– Total aid			
	=			
	If the amount in the box is a negative number, you will receive a financial aid refund, which you may use to pay for other educational costs. If you don't need these funds, consider borrowing less or not borrowing.			
	If the amount in the box is a positive number, you will need either an installment payment plan or additional financial resources, which may be a federal student loan or a Federal Parer PLUS Loan. Review payment plans at fisops.wayne.edu/bursar/payment/installment.php.			



## Office of the Bursar

### **Home Page**

http://fisops.wayne.edu/bursar/index.php

#### **Parent Pin Setup**

http://fisops.wayne.edu/bursar/parent-pin.php

#### **Payment Options**

http://fisops.wayne.edu/bursar/payment/index.php

#### **Electronic Bills**

http://fisops.wayne.edu/bursar/e-bills/index.php



## **Student Billing Statement**

Cashier's Office • PO Box 02788 • Detroit, MI 48202

Student ID: 009999999 John Smith 5057 Woodward Detroit, MI 48202

Statement #

Student#

9999999

009999999

Due Date

15-OCT-2015

Past Due

.00

**Future Balance** 

.00

**Amount Due** 

726.85

1 Term: Fall 2015

Print Date: 02-OCT-2015 Due Date: 15-OCT-2015 Amount Due: \$726.85

Amount Paid:

Detroit, MI 48202	Amoun  Detach and return top portion with your payment							
Term	Description	Charges	Payments	Balance				
	BALANCE FROM PREVIOUSLY BILL	LED TERM(S) 4	.00					
	- UNBILLED CHARGES/PAYMENTS FO	OR WINTER 2015 -	(5)					
Winter 2015	Biology CMF	40.00						
	- UNBILLED BALANCE FOR WINTER	2015 —		40.00				
	- CHARGES/PAYMENTS FOR FALL 20	015 - (6)						
Fall 2015	Registration Fee Fitness Ctr Maintenance Fe Student Service Fee Undergrad Upper Res Tuitio Federal Pell Grant	82.95	1,600.00					
	BALANCE FOR FALL 2015		7	1,811.85				
	- FINANCIAL AID READY TO DISBU	JRSE —						
Fall 2015	Board of Governors Grant		1,125.00					
	FINANCIAL AID BALANCE		8	1,125.00				
AMOUNT DUE: 726.85 3								
Fall 2015	- PENDING FINANCIAL AID* - Fed Direct Sub Loan - UG Fed Direct Unsub Loan - UG	1,750.00 1,000.00						
	PENDING FINANCIAL AID BALANCE			2,750.00				
additional late payment fe	y the "Amount Due" by the due date to avoid es. s above or pay online at academica.wayne.edu.	*Outstandi g requir me pending financial aid current balance. Review your outstandi under the Student Res Financial Aid, then M	will disburse and ng requirements : ouroes menu by o	d reduce in Academica licking				
Summary								



## Office of Economic Development

http://economicdevelopment.wayne.edu/



## Connected Students are Successful Students

"The three major sources of student departure: (1) academic difficulties; (2) the inability of individuals to resolve their educational and occupational goals and (3) their failure to become or remain incorporated in the intellectual and social life of the institution."

- Vincent Tinto



## **Get Involved!**

- 400+ student organizations.
- 23 sororities and fraternities.
- Thursdays in the "D"
- Campus Activities Team
- Exciting events throughout the year
- Visit the Resource Fair for details!
- Visit doso.wayne.edu!







www.wsuathletics.com www.doso.wayne.edu



## **Student Panel**



## Wrap Up

#### After lunch:

Program Begins at 1:30 p.m. in Community Arts Auditorium.

Jasaria and I will be available for questions during lunch.







# Lunch Towers Residential Cafe







- Learning Communities are ACADEMIC SUPPORT and SOCIAL activities tied to a required course or major
- Study sessions, tutoring, peer mentors, and making new friends are all a part of the LC experience.

Join a Learning Community today! Find out more at: Page 16 of the 2015-16 Green and Gold Guide

www.lc.wayne.edu

(313) 577-2254

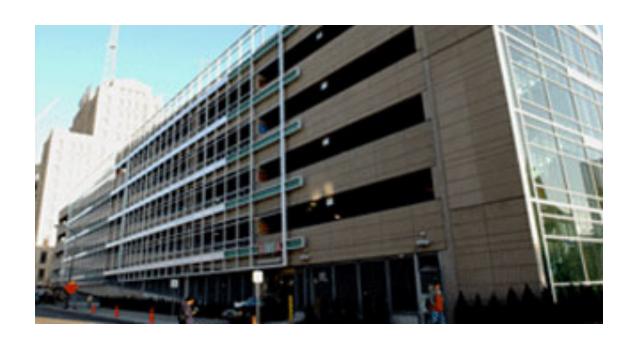
learningcommunities@wayne.edu







## Parking & Transportation

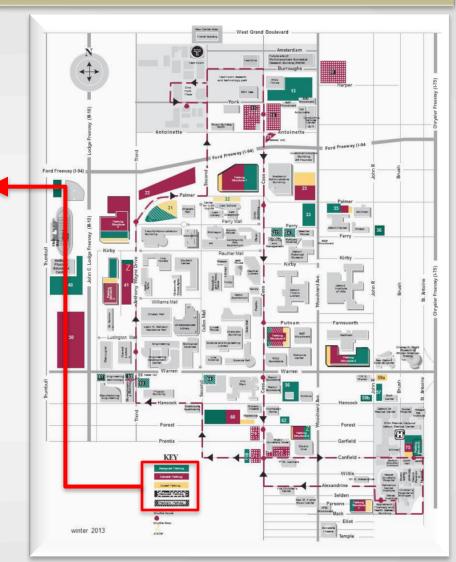




## **TYPES OF PARKING**

Assigned Parking

- General Parking
- Visitor Parking
- Reduced Parking
- - Premium Parking





## **GENERAL PARKING**

- Students who are <u>not</u> assigned to a structure
  - Use their OneCard (Student ID) as a debit card.
  - Swipe the OneCard Debit reader at both entry and exit.
  - \$3.75-\$4.75 per entry
  - Be aware of Signage: FULL signs mean NO access for general parkers





## **GENERAL INFORMATION**

## Adding Value to the OneCard

- Pipeline.wayne.edu
- Cash System Value Terminal (CSVT)
- OneCard/ Parking Service Center



## Parking Hours

- Structures 2 and 8 are 24/7
- Most close at 12:00 am



## Parking Enforcement/ Violations

 Parking in unassigned lot/ structure, handicap spaces, not obeying signage, etc.



## PARKING HELP

- People with disabilities
  - 313-576-PARK (7275)
- Motorist assistance (Lock outs/Battery jumps)
  - **-** 313-577-1979
  - WSU Police non-emergency: 313-577-6057
- Emergency Assistance
  - WSU Police: 313-577-2222





## **INFORMATION RESOURCES**

WSU Mobile App
 (real-time space counts)
 (shuttle bus GPS)



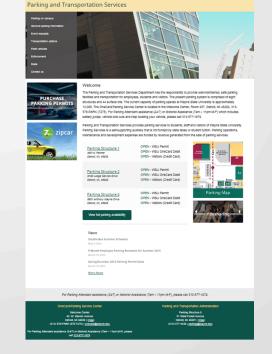




Parking Brochure











## **Parking**

## **Parking Prices**

• <a href="http://parking.wayne.edu/students/index.php">http://parking.wayne.edu/students/index.php</a>

## Permit/assigned parking

http://parking.wayne.edu/students/assigned.php

## **Frequently Asked Questions**

• <a href="http://parking.wayne.edu/students/faq.php">http://parking.wayne.edu/students/faq.php</a>

Note: Parking meters are the property of the City of Detroit, and the city enforces their regulations.



## One Card Parking Service Center

- Multi-purpose ID card.
- Provides a "cashless" environment.
- Used all over campus for a variety of services including parking, door access, copying printing, food and more!









## One Card How to Add Money?

- On Academica using a credit card In person, at OneCard/Parking Service Center, Room 257, Welcome Center ("cashless")
- Cash System Value Terminals (CSVT) in locations across campuses











# COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

The future is "in-sight"---understand yourself, build your dreams.

## CAPS IS

 Here if your student needs to talk---about anything.



Part of student services and is the university agency dedicated to provide counseling and psychological services to help students build and reach their goals for psychological health, personal well-being, and academic success.



Your son's or daughter's university experience can be an exciting time. It is an opportunity to make academic decisions, meet new friends, and explore career options

## But, college students can experience a great number of stressful situations

CAPS is available to help your student cope with any issue they may need help with.

- academic performance problems
- □ stress management
- motivation
- □ self-esteem
- anxiety
- $\Box$  depression
- relationship concerns
- loss and adjustment to life changes

## CAPS offers a variety of services to the University Community which include:

- Free and confidential personal, couples, and group counseling to registered Wayne State students
- Psychiatric services
- Case management
- Support/Educational groups
- Workshops/Educational activities
- Crisis intervention for students, faculty, and the university community
- Consultation and outreach to faculty, parents, and the university community in support of student welfare



#### Counseling

Talk to someone who will listen without criticism and keep what you say confidential Help you to look at situations from different perspectives

It is more than talking to a friend – the time is all yours

Place to build coping skills

## How to Access CAPS Services?

- □ Office Hours
  - ■8:30AM 5PM
- □ Triage Hours
  - M-F, 9AM-4PM
  - No appointment needed!
- □ 45-60 minutes
- □ Computer assessment & meeting with a counselor

## Adjustment Process

- □ Even positive life changes can be stressful:
  - Increased responsibility
  - Managing time
  - Managing multiple responsibilities
  - Different surroundings and new relationships
  - Changing relationships with family and friends from home
  - Academic stress

## Signs of Adjustment Difficulty:

- Sudden decline in academic performance
- □ Withdrawing from friends/activities
- □ Sadness, anger, hopelessness or guilt
- □ Sensitivity to criticism
- □ Poor concentration
- Lack of hygiene
- Changes in eating and sleeping
- □ Increased use of alcohol or drugs

## Helpful Tips for Students

- Talk to other students or
- Join campus organizations and clubs
- □ Take care of yourself:
  - Time to rest
  - Eat balanced meals
  - Exercise
  - Develop a manageable schedule
  - Figure out optimal place and time of day to study
  - Avoid abusing alcohol and/or drugs

- Adjust your expectations if things are not working out as you planned
- □ Give yourself time to adjust
- Recognize that relationships take time to develop, so does getting comfortable with new surroundings
- Seek resources on campus

## CAPS will consult with you about

- Talking to your student about using CAPS services.
- A sudden tragic event that impacts your student such as the unexpected death of a friend or loved one.
- Where your student can go for evaluations or medication reviews (if needed).
- General counseling and psychology questions.

You can request a consultation by:

Calling by phone and asking to speak to any available CAPS counselor (313-577-3398)

E-mailing CAPS (caps@wayne.edu)

Filling out an OUTREACH Request Form on the website

#### COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

Students can call or stop by to complete a short screening assessment to see which of our services best meets their needs.



# Fall 2016 Monday through Friday 8:30 AM to 5 PM Room 552 Student Center Building 313-577-3398 www.caps.wayne.edu



## **Student Disability Services**

- Under the Americans with Disability Act (ADA), an individual with a disability is a person who: has a physical or mental impairment that substantially limits one or more major life activities; has a record of such an impairment; or is regarded as having such an impairment.
- An "individual with a disability" is someone with a physical or mental impairment that substantially limits one or more major life activities. A person is considered to be a person with a disability, or is regarded as having a disability.
- studentdisability.wayne.edu



## **Campus Health Center**

- Open Monday through Friday from 9am-6pm
- Closed weekends
- Staffed by Nurse Practitioners
- Physician in clinic limited hours but available by phone for consultation if needed
- Located on the first floor of the Helen DeRoy
   Apartment Building (right across from Einstein Bagels) on Anthony Wayne Drive
- health.wayne.edu



#### **Career Services**

- Workshops-interviewing skills, resume writing and career planning.
- On-Campus and Off-Campus job postings
- careerservices.wayne.edu





## **Academic Success Center**

- Resources for tutoring and study skills
- Visit <u>success.wayne.edu</u>





# The Writing Research and Technology Zone

• The WRT Zone (2nd floor, UGL) provides individual tutoring consultations, research assistance from librarians, and technology consultants, all free of charge for graduate and undergraduate students at WSU.

clas.wayne.edu/writing/





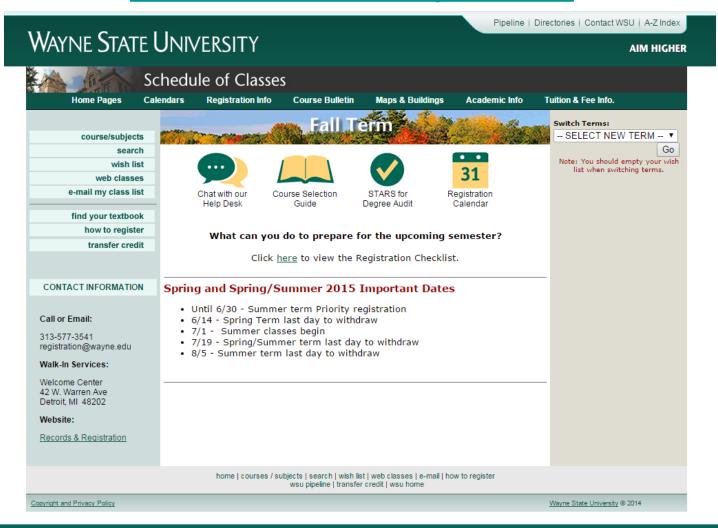


**Academic Matters** 



## Registering for Classes

#### classschedule.wayne.edu





# High Expectations: The Student

- Learn a lot
  - Utilize support
  - Connect with faculty
- Get involved
  - Challenge yourself
  - Recognize opportunities
- Create a plan to graduate
  - Connect with advisors



## THE WARRIOR WAY navigating your freshman year at wayne state

MAY - AUGUST

Attend Orientation Student Org. Fair

#### File FAFSA for Next Year

Apply for Scholarships

**JANUARY** 

#### **SEPTEMBER**

Meet with Advisor Attend Warrior Football Game

#### support

**ASC** OISS

UAC Public Safety CAPS

Campus Connectors Career Services Testing Office Residence Life Learning Comm

DOSO UG Research Campus Ministries Rec Center SDS Writing Center

OMVAE Math Corp.

#### **OCTOBER**

Attend Homecomina Meet w/ Dept. Advisor Attend Major Fair Check EAA Grades

#### **DECEMBER**

Fall Grade Check See Advisor to Adjust Winter Schedule

#### **FEBRUARY**

Check EAA Grades Attend a Warrior Basketball Game

#### **APRIL**

Register for Fall Term **Declare Major** Winter Grade Check

#### challenge

Strive for Dean's List Apply for Scholarships Set GPA Goals

Understand Purpose for College Utilize SI and Tutoring Services

Learn to Use Library Do Research

Improve Learning/Studying Skills Meet w/ Professors (At Least Once) Set Goals for Student Involvement

#### engagement

Attend 02 Attend Student Org. Fair Join Student Org/Club Attend Academic Info. Session Participate in Music, Art, and Attend Major Fair

Volunteer/Research Opportunities Utilize Campus Rec Center Research IM Sports Athletic Events

#### **NOVEMBER**

Register for Winter Term

#### MARCH

Register for Spring/Summer Term Meet w/ Dept. Advisor



# High Expectations: The Advisor

- Expect your advisors to support AND challenge you throughout your time at WSU
- Expect your advisors to be knowledgeable about WSU programs, policies, and requirements (and where to refer you for other help)
- Expect your advisors to be accessible and responsive
- Expect your advisors to provide a safe and confidential environment for discussion
- Expect your advisors to help you in making the transition to the University

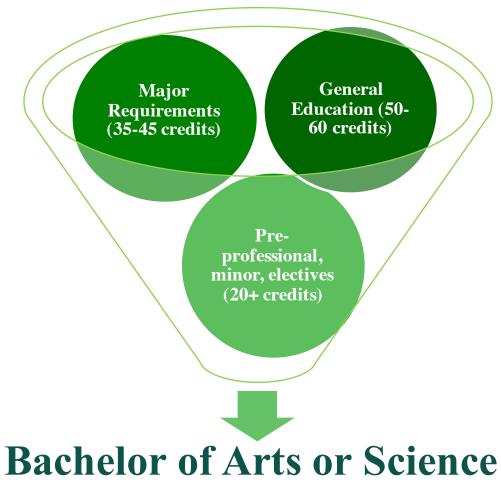


## The Successful Warrior

- Attends class and buys books
- Plans appropriate study time
- Utilizes support services
- Connects to the campus community Academica
- Builds an academic pathway to graduation
- Takes ownership of their success
- Meets with advisor regularly
- Checks their WSU email



## What's in a WSU degree?



**Bachelor of Arts or Science** (120 credits, minimum)



# The Importance of Completing Competencies

- Competencies build a foundation for success with writing, computation, public speaking and critical thinking
- Competencies are required for every program at WSU
- Competencies are designed to be completed in the first two years (1000-level courses)



## General Education Requirements and Competencies

- What are they?
- <a href="http://bulletins.wayne.edu/ubk-output/index.html">http://bulletins.wayne.edu/ubk-output/index.html</a>
- <a href="http://advising.wayne.edu/curr/gnd1.php">http://advising.wayne.edu/curr/gnd1.php</a>
- A sample program requirement page:

http://clas.wayne.edu/Biology/Programs---

<u>Undergraduate---Bachelor-of-Science</u>





## Creating your schedule!

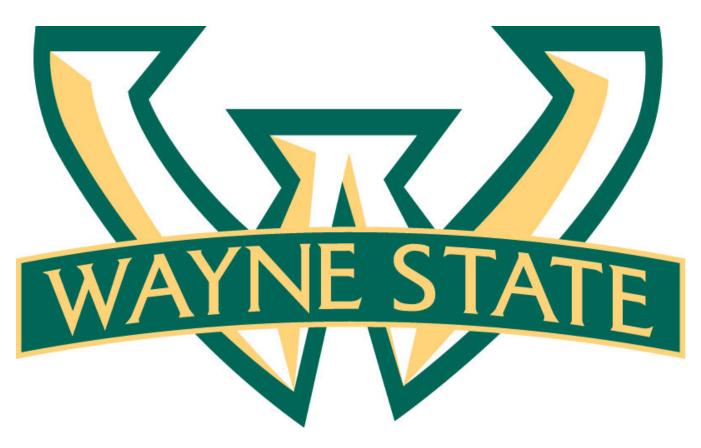
#### **Remember:**

- If you have AP, IB or Dual enrollment credits pending, use the Transfer Credit website (www.transfercredit.wayne.edu) to avoid duplicating the classes at WSU.
- You can drop, add, and change your schedule at home or anywhere with an internet connection via Academica.
- In the Schedule of Classes, note the section number
  - 500 = Honors (honors@wayne.edu)
  - 900 = Extension Centers



#### Questions, comments, concerns?

#### Resource Fair in Lower Level of Student Center





**Agenda** 

- Dining at Wayne State
- Community & Diversity
- Before Move In and Move In Weekend
- Roommates
- Residence Hall Safety & Security
- Important Dates



## **Dining at Wayne State**

#### **Meal Plans**

- Warrior Pass 50 ~ \$5.67 per meal
   Unlimited Meal Swipes
   PLUS \$50 Warrior Dollars
- Warrior Pass 250 ~ \$5.63 per meal
   Unlimited Meal Swipes
   PLUS \$250 Warrior Dollars
- Warrior Pass 400 ~ \$5.56 per meal
   Unlimited Meal Swipes
   PLUS \$400 Warrior Dollars

Meal swipes can be used at Towers Café and Gold 'n' Greens and as a late night option at Grilleworks & Bene Pizza.



#### **Warrior Dollars**

Warrior Dollars are a great way to save additional money eating on campus!

- Use at any WSU Dining Location
   Full list available at dining.wayne.edu
- Declining balance that is available right on your OneCard
- Reload any time in increments of \$50
- Great gift option for holidays, birthdays or a mid-semester boost!







## **Community & Diversity**



- Welcome to the Neighborhood
- Meeting new people
- Learning and Growing
- Academic Success



#### Before Move In and Move In Weekend

- Financial Responsibility
- Move in guide
- Parking
- Residence Hall Orientation & Orientation II



Roommates

Roommate matching and profile search

- Assignment letter & housing portal
- Conflict and mediation
- Room change period



### **Residence Hall Safety & Security**

- Building Community Director
- RA's on every floor
- 24/7 service desks
- Secure card access entry system
- Building sticker
- Security Monitors





#### **Important Dates**

Roommate Request Deadline: Thursday June 23

Room Assignments via WSU email: Friday July 1

Freshmen Move In:
Saturday August 27





470 Student Center Building
(313) 577-2116
housing.wayne.edu
housing@wayne.edu