May Newsletter

Welcome to the Wayne State University Parent Newsletter.

Unbelievable how fast time flies!

I am trying to figure out what happened to the winter 2015 semester. It’s over and it feels like it just started. We hope you and your student enjoy the spring and summer, and if you have a student graduating: Congratulations!

If you need anything or have any questions between now and the start of the fall semester, please feel free to contact me. You will receive electronic updates throughout the spring and summer. Have a wonderful summer!

Quick Links
Academic Calendar
Academic Success Center
Ask-a-Librarian
Athletics
Broadcast messaging
Directory of WSU Departments
Events On and Around campus
Health Center
Sincerely,
Linda Seatts-Ogletree
Coordinator, Parent and Family Programs
parents@wayne.edu
313-577-2923
1-877-WSU-PARENT

Has Your Student Registered for Fall Classes Yet?

By Liza Lagman Sperl, Enrollment Management Coordinator Office of the Registrar

Fall 2015 Registration Now Available

Has your student registered for fall classes yet? Taking advantage of priority registration allows for the best selection of days and times before classes fill up. Students can register now and drop or add to adjust their schedule over the summer without being assessed additional fees. The last day for fall 2015 tuition cancellation is Wednesday, September 16.

If your student has questions about what classes to take, help is available:

- Click on “STARS for Degree Audit” in Pipeline to see what classes he or she still needs.
- Schedule an appointment to meet with an academic advisor.
- Review the registration checklist at classeschedule.wayne.edu

Additional questions? Contact us at registration@wayne.edu.

Financial Aid News

By Dr. Barbara Jones, Office of Student Financial Aid

New Federal Student Aid ID to Replace the PIN

On Sunday, May 10, 2015, the U.S. Department of Education will replace the Federal Student Aid
(FSA) PIN with the FSA ID — which will be comprised of a user-selected username and password — as the process by which students, parents and borrowers authenticate their identity to access their aid information.

The student- and borrower-based aid information websites include FAFSA on the Web, NSLDS Student Access, StudentLoans.gov, StudentAid.gov and the TEACH Grant website.

The change is being implemented to comply with new security requirements and industry best practices. It eliminates the need for individuals to enter personal identifiers (Social Security number, name and date of birth) when accessing FSA systems.

After implementation on May 10, users who arrive at one of the FSA information websites will be directed to a link to register for their new FSA ID. Only the owner of the FSA ID should create his or her account. Those who already have an FSA PIN will be able to access the websites immediately. Those without a PIN will be required to wait several days while their identity is verified through the Social Security Administration.

There is nothing a user can or should do prior to the implementation date. A user should simply be prepared to complete the new registration process when he or she visits one of the FSA information websites on or after May 10.

Housing Move-out

By Jennifer Boylan, Student Marketing Assistant | BAO

The winter semester is coming to an end and students will soon be completing their finals and packing their bags. Some students may be gearing up for internships, jobs or summer classes. Wherever students are headed, we strive to make the move-out experience as easy as possible so they can begin their summer worry-free.
Housing and Residential Life has provided students with a helpful checklist for reference as they prepare for the end of the semester. If you’re planning to assist with move-out, here are some important reminders:

- All residence hall and furnished apartment residents who have not been approved for an extended stay or do not have a spring/summer 2015 housing assignment must be moved out and checked out of their rooms by noon on Wednesday, May 6.
- Rooms must be thoroughly cleaned, with all trash and belongings removed prior to checkout.
- Dumpsters will be placed near all buildings for convenient trash disposal.
- Your student is responsible for returning their room key, mailbox key and hall sticker before leaving for the summer.

For further guidelines, you or your student may pick up a copy of the move-out checklist from the front desk of any WSU residential hall. If you have any questions, please call the Office of Housing and Residential Life at 313-577-2116.

If your student is living at home for the summer, it’s important to be mindful of the transition involved for both students and their families. You and your student have gone through significant changes and growth this past year. We encourage you to take some time to readjust and be patient as you reenter family routines together.

**School’s Out for Summer. Now What?**

By Erica Riba, LLMSW and Steve Press, LMSW, BCD, Counseling and Psychological Services

First off, congratulations parents and students! Completing an academic year is a major accomplishment for everyone. Take a moment to reflect on the year. How did it go? What did you learn? This is a celebration! How are all of you celebrating?
You might be asking yourself: What should I expect and how do I fill the time this summer?

May marks end of classes for a lot of students, but some only have a few weeks off until spring classes start. For most residential students, summer means packing up and returning home for a few months. For many students, summer means working. Maybe your part-time job is turning into full-time or you’re starting a summer internship, or now is crunch time for prepping for the GRE.

Some students have fixed schedules, during which they continue to go to work and attend a night class. For others, summer may mean a dream vacation. Some students might not know what they are doing and some are dreading what they will have to do. Some students might want to sleep all day and stay out all night.

If you don’t have anything lined up yet, it’s not too late!

Some helpful tips for this summer:

**Compromise and negotiate:** If you and your child are back together under one roof, think about how that’s going to work for you. Do you get along? If there are difficulties between you, this might be the golden opportunity to resolve conflicts early on. It can be the chance to compromise and set mutual ground rules for the summer. Parents, try to be flexible knowing that your student has just been away for some time. Be open to changing certain rules such as phone and Internet use. Remember, college taught them a lot of independent skills.

Parents sometimes expect their college student to be the same person they were when they left for school last fall. You may expect them to step back into the role they had before they left — mindful of a curfew, doing chores and following house rules. Our advice: Think about how your kid has just been away for an entire year. Try to understand where they are coming from. They
have spent the last year in an unsupervised, unstructured place they called home. Therefore, it’s a transition for both of you.

Students, recognize that you’re back at home. Expect the rules to shift a bit and be prepared for and open to compromise. Help educate your parents about where you are developmentally and what you have learned this year. To those who have commuted from home, this might not be as significant of a transition, but it’s always helpful to show parents how you’ve changed or developed over the course of a year or semester. Try to proactively identify, discuss, and lay out what’s expected and what can be compromised on together.

**Accept your college student:** Your student might come home looking different than they did when you dropped them off in the fall. Adults make adult personal decisions. It’s important that you accept your child as an adult and for who they are.

**Schedule:** Your schedule and your child’s schedule will change. If there is only one car for two or more people, you might want to sit down and plan out who will get where and how. Your child might have to take you to work. If your child is used to having 11 a.m. or 3 p.m. classes, waking up for a 9 a.m. job start time might be a challenge. We recommend that students start practicing an early wake-up a few days before starting a new job or internship. Don’t wait until the night before the first day on the job. You don’t want to make a bad first impression by coming in late.

**Still in school mode? That’s OK!** Some students like to get ahead on fall reading and some students need a break. Know who you are and what works best for you.

**Resources:** CAPS is open all year round; counseling is always an option if you are experiencing stress, emotional difficulty or other personal concerns.
**Self-care:** Taking care of yourself is just as important in the summer as it is during the school year. Exercise, eat healthy foods, get enough sleep and do things you enjoy. Go to the beach, go outside and take advantage of all the things you can’t do during the winter.

Whatever else is going on — whether you have to work two jobs or babysit your little brother or sister — remember that it’s summer. Build in fun and relaxation and enjoy yourself. Parents, let your kids enjoy this break. As you know, summer vacation doesn’t last forever.

Stay tuned for information on how to make the transition back to school in the fall.

Have a safe, restful summer! See you in the fall!

**Wayne State Insiders – May 11**

By Amy Roberge, Marketing Manager, Marketing and Communications

Do you know how Wayne State’s goals and initiatives are advanced in Lansing, Washington and among community leaders? Have you ever wondered how you can make a difference or help with these important efforts? Are you looking for an internship on the front lines of government? Join the Wayne State Insiders in May to learn about the vital work being done by our division of Government and Community Affairs to develop a positive future for Wayne State University.

We’ll meet on Monday, May 11, from noon to 1:30 p.m. on campus at the General Lectures building to hear from the dynamic leadership team that advances our university’s mission.

Wayne State Insiders includes alumni, friends, students, parents, faculty and staff who serve as informal ambassadors for WSU and our Midtown community. We welcome anyone excited about the positive impact of WSU and Detroit’s urban renewal. The more we learn, the more we can share, and the greater our collective impact can
Click here for details and to RSVP.

By Destiny Stroman, CHC Peer Educator

There are huge adjustments that come with campus life and the hustle and bustle of keeping up academically. Along with these stresses and access to all-you-care-to-eat buffets, leading a health-conscious life can be a challenge.

The Campus Health Center is staffed by wellness and health promotion experts to help students lead healthy lifestyles. Students may make an appointment with a dietician or nurse practitioner to come up with a suitable plan for exercise, nutrition and weight management. Here are few tips you can suggest to your son or daughter:

- Eat a balanced breakfast every morning. People who do so are more likely to maintain a healthy weight than those who don’t.
- Snacks are essential for keeping up energy when there are classes all day. They also stop you from consuming too many calories at lunch and dinner. Healthy snacks include mixed nuts, yogurt, fresh fruit, peanut butter crackers and string cheese.
- Urge your students to read labels and limit foods high in salt, sugar and trans or saturated fats.

The Campus Health Center is open Monday-Friday, 9 a.m.-6 p.m.

health.wayne.edu
Campus Health Center on Facebook
Campus Health Center on Twitter

http://health.wayne.edu/

Brought to you by:
WSU Parent & Family Programs
Parent Helpline: (313) 577-CALL
1-877-WSU-PARENT
parents@wayne.edu
parents.wayne.edu
Dean of Students Office

Our mailing address is:
Wayne State University
Parent Services
5221 Gullen Mall
786 Student Center
Detroit, MI 48202

Thank you for signing up as a member of the Wayne State University Parent Information Network and allowing us to share WSU news and updates.

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